



MANABI 外語学院

MANABI Japanese Language Institute

長期留學生用 學生宿舍介紹

Dormitory Information

For Long-term students

April 2027 ~ March 2028



(2026年6月版)



長野校 NAGANO Campus

長野県上田市大手2-3-1 YCC第2ビル
2-3-1 YCC NO.2 bldg., Ote, Ueda, Nagano, Japan



東京校 TOKYO Campus

東京都墨田区両国2-10-5 TOC両国ビル
2-10-5 Ryogoku, TOC bldg., Sumida, Tokyo, Japan

宿舍費 Entry fee	¥ 50,000	¥ 50,000
保證金 Deposit	¥ 40,000	¥ 40,000
租金6個月 6 months rent	¥ 216,000	¥ 138,000
電費6個月 6 months Electric bill	¥ 30,000	¥ 30,000
寢具套組A set of futons	¥ 13,200	¥ 13,200
合計 Total	¥ 349,200	¥ 271,200

長野校
NAGANO

希望公寓 Hope Mansion

長野県上田市中央東2-20 / 2-20 Chuou Higashi, Ueda, Nagano

□距離學校/ to School

9  / 18  分 / min

交通費 Transportation expenses : ¥ 0

□Map



Google Maps



1人使用 / Single

20㎡

租金1個月 (含燃氣費、水費)
Monthly rent cost (Gas and water charges included)

49,000 日元 / yen



2人使用 /
Shared by 2 people

20㎡

租金1個月 (含燃氣費、水費)
Monthly rent cost (Gas and water charges included)

31,000 日元 / yen



觀看視頻

Check it out in the video !



YouTube

□房間設施/ Room Facilities

廚房	Kitchen
洗手間	Toilet
淋浴間	Shower room
衣櫃	Closet
空調	Air conditioner
冰箱	Refrigerator
微波爐	Microwave oven
床	bed
書桌	Desk
椅子	Chair

□公共設施/ Shared Facilities

洗衣機	Laundry machine
吸塵器	Vacuum cleaner

□每月開支/ Monthly cost

※價格如有變更，恕不另行通知。
Rates are subject to change without notice.

	1人使用 Single	2人使用 Shared by 2
租金Rent (含燃氣費、水費) (Gas and water charges included)	¥ 49,000	¥ 31,000
基本電費Basic electricity charge	¥ 5,000	¥ 5,000
合計 Total	¥ 54,000	¥ 36,000

□入住費用 / Initial Payment

宿舍費 Entry fee	¥ 50,000	¥ 50,000
保證金 Deposit	¥ 40,000	¥ 40,000
租金6個月 6 months rent	¥ 294,000	¥ 186,000
電費6か月 6 months Electric bill	¥ 30,000	¥ 30,000
寢具套組A set of futons	¥ 13,200	¥ 13,200
合計 Total	¥ 427,200	¥ 319,200

長野校
NAGANO

和平公寓 Peace Mansion

長野県上田市材木町2-9-12 / 2-9-12 Zaimokucho, Ueda, Nagano

□距離學校/ to School

9  / 18  分 / min

交通費 Transportation expenses : ¥ 0

□Map



Google Maps



1人使用 / Single

20㎡

租金1個月 (含燃氣費、水費)
Monthly rent cost (Gas and water charges included)

61,000 日元 / yen

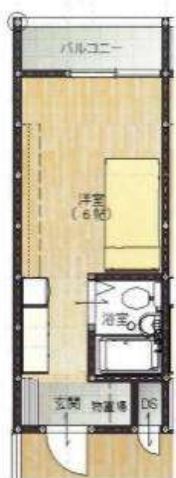


2人使用 /
Shared by 2 people

20㎡

租金1個月 (含燃氣費、水費)
Monthly rent cost (Gas and water charges included)

39,000 日元 / yen



觀看視頻
Check it out in the video !



YouTube

□房間設施/ Room Facilities

廚房	Kitchen
洗手間	Toilet
淋浴間	Shower room
空調	Air conditioner
冰箱	Refrigerator
微波爐	Microwave oven
洗衣機	Laundry machine
雙層床	Bunk beds
收納盒	Storage box
書桌	Desk
椅子	Chair

□每月開支/ Monthly cost

※價格如有變更，恕不另行通知。
Rates are subject to change without notice.

	1人使用 Single	2人使用 Shared by 2
租金Rent (含燃氣費、水費) (Gas and water charges included)	¥ 61,000	¥ 39,000
基本電費Basic electricity charge	¥ 5,000	¥ 5,000
合計 Total	¥ 66,000	¥ 44,000

□入住費用 / Initial Payment

宿舍費 Entry fee	¥ 50,000	¥ 50,000
保證金 Deposit	¥ 40,000	¥ 40,000
租金6個月 6 months rent	¥ 366,000	¥ 234,000
電費6個月 6 months Electric bill	¥ 30,000	¥ 30,000
寢具套組A set of futons	¥ 13,200	¥ 13,200
合計 Total	¥ 499,200	¥ 367,200

長野校
NAGANO

易北閣 Elbe Court

長野県上田市材木町1-1-20 / 1-1-20 Zaimokucho, Ueda, Nagano

□距離學校/ to School

8  / 15 
分 min / 分 min

交通費 Transportation expenses : ¥ 0

□Map



 Google Maps

20 m²

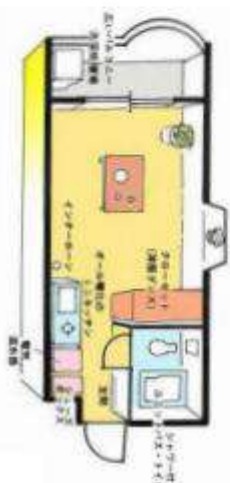


1人使用 / Single

租金1個月 (含燃氣費、水費)

Monthly rent cost (Gas and water charges included)

57,000 日元 / yen



□房間設施/ Room Facilities

廚房	Kitchen
洗手間	Toilet
淋浴間	Shower room
空調	Air conditioner
冰箱	Refrigerator
微波爐	Microwave oven
洗衣機	Laundry machine
吸塵器	Vacuum cleaner

床	Bed
衣櫃	Closet
書桌	Desk
椅子	Chair

□公共設施/ Shared Facilities

自動門鎖	Auto lock
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□每月開支/ Monthly cost

※價格如有變更，恕不另行通知。

Rates are subject to change without notice.

	1人使用 Single
租金Rent (含燃氣費、水費) (Gas and water charges included)	¥ 57,000
基本電費Basic electricity charge	¥ 5,000
合計 Total	¥ 62,000

□入住費用 / Initial Payment

宿舍費 Entry fee	¥ 50,000
保證金 Deposit	¥ 40,000
租金6個月 6 months rent	¥ 342,000
電費6個月 6 months Electric bill	¥ 30,000
寢具套組A set of futons	¥ 13,200
合計 Total	¥ 475,200

合約、取消與退款規定

Contract / cancellation / refund policy

長野校
NAGANO

□合約期間與入宿說明

- 合約期間為6個月。續約後為每3個月更新一次合約。
 - 合約期間內不得提早退宿。
 - 關於退宿或續約，請於合約期滿前 2 個月提出申請。
 - 合約開始月份為入學學期的開始月份（4月、7月、10月、1月）。
 - 請於「指定入住日」辦理入住手續。無法於該日期之前提前入住。
- 僅限在房間準備就緒的情況下，可在合約開始月份的前一個月辦理入住。在此情況下，房租按日計算，電費以每日 300 日圓計算。

□費用與退宿說明

- 本宿舍指南為長期留學專用。短期留學生請確認另附的資料。
 - 電費若超過每月基本費用 5,000 日圓，須請您支付超過的部分。
- 保證金將於辦理退宿手續、確認行李搬出並完成房間檢查後，扣除下列費用，並予以退還或要求補繳。
- ①退宿費用 20,000 日圓 ②電費結算金額 ③牆壁、地板及房內設備如有損壞或髒污時的修繕費用

□取消及退款政策

- 不論任何理由，入宿費一律不予退還。
- 即使延遲入境，合約期間內的房租仍會照常產生。

	入住前的取消	入住後的取消
入宿費	不予退款	不予退款
保證金	100% 退款	※請參照前項
房租	退還扣除「提出取消申請之翌月房租」後之餘額	不予退款
電費	100% 退款	退還「提出取消申請之翌月起」的費用
寢具費	100% 退款	不予退款

□About Contract period / Dormitory entry

- The contract period is 6 months. After renewal, the contract will be renewed every 3 months.
- You cannot leave the dormitory during the contract period.
- Please notify us at least 2 months prior to the expiration date of your contract.
- The contract starts at the beginning of the semester in which you enter the dormitory (April, July, October, or January).
- Please enter the dormitory on the "Designated Entry Date". No one will be allowed to move in before this date.
- However, You can enter the dormitory in the previous month of the contract start month only if a room is available. In this case, rent will be calculated on a daily basis. Electricity bill will be calculated as 300 yen per day.

□About Fees / Leaving the dormitory

- This dormitory guide is for long-term students. If you are enrolling on a short-term plan, please refer the separate sheet.
 - If your electricity bill exceeds the monthly basic charge of 5,000 yen, please pay the excess amount.
 - The security deposit will be refunded or charged after the move-out procedure, after confirming the removal of luggage and checking the room, and after deducting the following expenses.
- (1) Cleaning and maintenance :20,000 (2) Electricity bill reimbursement (3) Repair expenses in case of damage or stains on walls, floors, and fixtures in the room

□Cancellation / refund policy

- Regardless of the reason, the Entry fee will not be refunded.
- Rent described in contract will be charged even if your arrival is delayed in Japan.

	Cancellation before entering dormitory	Cancellation after entering dormitory
Entry fee	No refunds	No refunds
Deposit	100% refunds	*See previous section.
Rent	Amount will be refunded from the second month of cancellation of the request	No refunds
Electricity Fee	100% refundable	Amount from next month will be refunded after the cancellation request
cost of a futon	100% refundable	No refunds

合作推薦宿舍 Tie-up Dormitory

由第一恒産株式會社營運的宿舍介紹
Introducing the dormitory operated by Daiichi-Kousan Co.,Ltd.

東京校
TOKYO

DKハウス新小岩 DK House Shinkoiwa

東京都葛飾区新小岩4-4-5 / 4-4-5 Shinkoiwa, Katsushika-ku, Tokyo

8㎡



1人使用 / Single

□距離學校/ to School

22

分 / min

8



+

10



+

4



交通費 Transportation expenses : ¥ 6,420/month

□Map



Google Maps

房租1個月 (含水電費、共益費另計)
Monthly rent cost (Including Utility
cost, excluding Common service fee)

57,000 日元 / yen



外觀Outside



房間Room



公共空間
Common Area



廚房
Kitchen Area



洗衣機
Washing Machine



浴室
Shower room



1階
1F

2階~4階
2F-4F

□房間設施/ Room Facilities

空調	Air conditioner
冰箱	Refrigerator
雙層床	(Bunk) beds
書桌	Desk
椅子	Chair

□公共設施/ Shared Facilities

廚房	Kitchen
廁所	Toilet
浴室	Shower room
洗手台	Sink
洗衣機 (付費)	Laundry machine (prepaid)
烘衣機 (付費)	Dryer (prepaid)
餐具	Cutlery
微波爐	Microwaves
電腦 & 印表機	PC & printer

□每月開支/ Monthly cost

※價格如有變更，恕不另行通知。
Rates are subject to change without notice.

	1人使用 Single
租金・水電費 Rent & Utility fees	¥ 57,000
共益費 Common service fee	¥ 15,000
合計 Total	¥ 72,000

□入住費用/ Initial Payment

宿舍費 Entry fee	¥ 30,000
清潔費 Cleaning fee	¥ 16,500
租金・水電費3個月 3 months rent & utility cost	¥ 171,000
共益費3個月 3 months Common service fee	¥ 45,000
寢具出租3個月 3 months A set of futons rent fee	¥ 12,500
手續費 Procedure fee	¥ 10,000
合計 Total	¥ 285,000

合約、取消與退款規定

Contract / cancellation / refund policy

DK House 新小岩 DK House Shinkoiwa

合作推薦宿舍

Tie-up Dormitory

租賃合約由學生與各宿舍營運公司雙方締結。契約內容請確認合約書。
A lease agreement is signed by the student and the management company of each dormitory.
For details of the contract, please refer to the contract.

□關於合約

- DK House 新小岩為第一恒產株式會社營運的宿舍。
- 合約期限為3個月。有關續約及續約後的合約期限，請於入住後向管理公司詢問。
- 合約期限內不可中途退寮。

□費用與退寮結算

- 本宿舍指南僅適用於長期留學。若您是報名短期方案入學，請確認隨附的特別說明（別紙）。
- 初期費用請支付給學校。續約後的費用請直接支付給營運公司。
- 入住時所支付的清潔費，將直接充抵一般的退房清潔費用。此外，若有超出正常使用範圍的污損、損壞或遺留物等情況，將另行收取原狀恢復費用。
- 僅限每月用電量超過 160 kWh 時，才會針對超過 100 kWh 的部分收取追加費用。
- 若產生按日計費的租金，將以每日 3,500 日圓進行請款。

□取消與退款規定

- 不論任何理由，入宿費一律不予退還。

	入住前的取消	入住後的取消
宿舍費	無法退款	無法退款
清潔費	100%返金	※請參照前項
租金・水電費 共益費	100%返金	無法退款（※1 有例外情況）
寢具出租費	無法退款	無法退款
手續費	100%返金	無法退款

※僅限於入寮當月內提出取消申請，才適用特別退款規定。詳情請洽詢。

□Regarding Contracts

- DK House Shinkoiwa is a dormitory operated by Daiichi Kosan Co.
- The contract term is 3 months. Please inquire with the management company after entering the dormitory about renewal and the length of the contract after renewal
- During the contract period, you are not allowed to leave the dormitory.

□Fees / Payment at the time of leaving the dormitory

- This dormitory guide is for long-term students. If you are enrolling on a short-term plan, please see the separate sheet.
- Please pay the initial fee to the school. Please pay the renewal fee directly to the management company.
- The cleaning fee paid at move-in will cover the standard final cleaning when you move out. However, you will be charged extra for any damages, excessive dirt, or items left behind.
- If your monthly usage exceeds 160kWh, an additional charge will be applied for the amount exceeding 100kWh.
- If a daily rent rate applies, you will be charged 3,500 yen per day.

□Cancellation / refund policy

- Regardless of the reason, the entry fee will not be refunded.

	Cancellation before entering dormitory	Cancellation after entering dormitory
Entry fee	No refunds	No refunds
Cleaning fee	100% refundable	※See previous section
Rent・utility cost Common Service fee	100% refundable	No refunds (*1 exceptions apply)
Futon Rental	No refunds	No refunds
Services Charge	100% refundable	No refunds

※There is a special refund policy only if the cancellation is requested within the month of entering the dormitory. Please contact us for details.

合作推薦宿舍 Tie-up Dormitory

由株式會社 BeGood Japan 營運的宿舍介紹
Introducing the dormitory operated by BeGoodJapan Co., Ltd.

東京校
TOKYO

福日住宅 FUKUNICHI Heim

東京都葛飾区新小岩2-38-4 / 2-38-4 Shinkoiwa, Katsushika-ku, Tokyo

□距離學校/ to School

22

分 / min

8



+

10



+

4



交通費 Transportation expenses : ¥ 6,420/ month

□Map



Google Maps

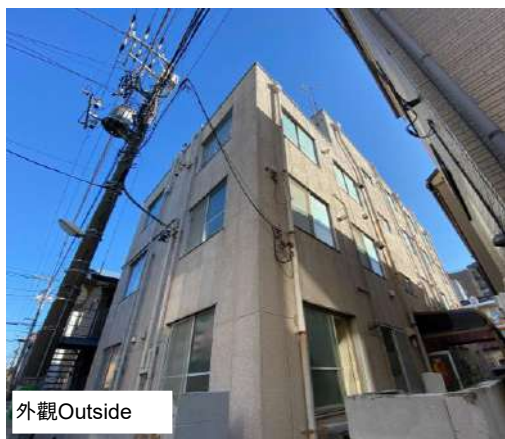
13.3㎡



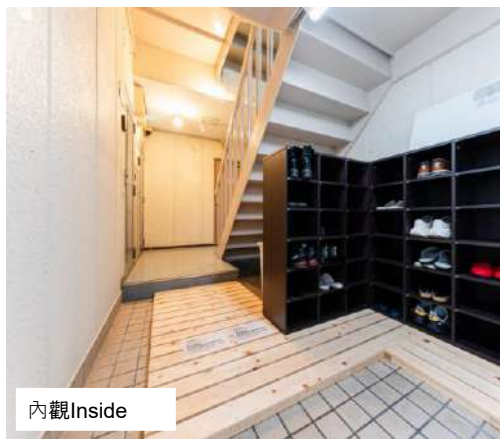
1人使用 / Single

房租1個月 (共益費另計) /
Monthly rent cost (Excluding common
service fee)

74,000 ~ 日元 / yen



外觀Outside



內觀Inside



內觀Inside



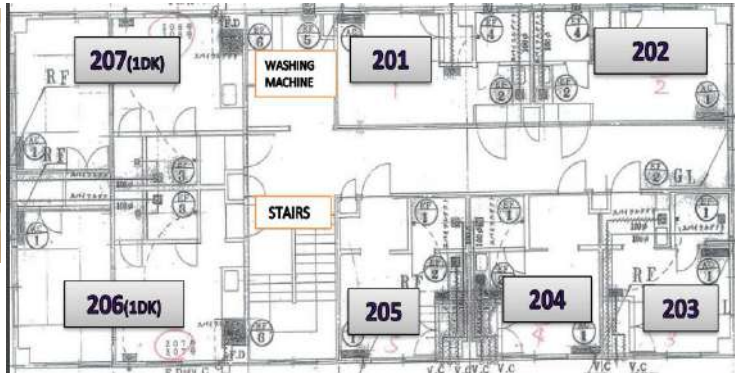
房間Room



房間Room



廁所Toilet



房間Room



洗衣機
Washing Machine



※價格如有變更，恕不另行通知。

Rates are subject to change without notice.

□每月開支/ Monthly cost

	1人使用 Single
租金Rent	¥ 74,000 ~
共益費 Common service fee	¥ 16,000
合計 Total	¥ 90,000 ~

□入住費用/ Initial Payment

宿舍費 Entry fee	¥ 16,500
保證金Deposit	¥ 30,000
清潔費 Cleaning fee	¥ 27,500
租金6個月 6 Months rent	¥ 444,000 ~
共益費6個月 6 months Common service fee	¥ 96,000
家財保險Home contents insurance	¥ 7,000
寢具套組A set of futons	¥ 16,500
手續費Procedure fee	¥ 10,000
合計 Total	¥ 647,500 ~

□房間設施/ Room Facilities

廚房	Kitchen
廁所	Toilet
浴室	Shower room
洗手台	Sink
空調	Air conditioner
冰箱	Refrigerator
閣樓床	Loft beds
衣櫃	Closet
書桌	Desk
椅子	Chair

□公共設施/ Shared Facilities

洗衣機	Laundry machine
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合約、取消與退款規定

Contract / cancellation / refund policy

福日住宅 FUKUNICHI Heim

合作推薦宿舍

Tie-up Dormitory

租賃合約由學生與各宿舍營運公司雙方締結。契約內容請確認合約書。
A lease agreement is signed by the student and the management company of each dormitory.
For details of the contract, please refer to the contract.

□關於合約

- 福日住宅是由株式會社 BeGood Japan所營運的宿舍。
- 合約期限為6個月。有關續約及續約後的合約期限，請於入住後向管理公司詢問。
- 合約期限內不可中途退寮。
- 房號將於入住前一個月可確定。

□費用與退寮結算

- 本宿舍指南為長期留學專用。短期留學生請確認另附的資料。
- 初期費用請支付給學校。續約後的費用請直接支付給營運公司。
- 水電費及網路費已包含在共益費中。
- 退宿時，若房間無任何問題，保證金將予以退還。
- 若持續入住超過 6 個月，需請您另行支付追加保證金，敬請見諒。
※追加保證金是指，從 1 個月的租金中扣除已支付的 30,000 日圓後的金額
- 於預訂株式會社 BeGood Japan 的宿舍「福日住宅」，依據房間空置狀況，有可能會產生最大 3,000 日圓的差額費用（一個月），敬請見諒。

□取消與退款規定

- 不論任何理由，入宿費一律不予退還。

	入住前的取消	入住後的取消
宿舍費	無法退款	無法退款
保證金	100%退款	※請參照前項
清潔費 租金 共益費 家財保險費 寢具套組 手續費	100%退款	無法退款

□Regarding Contracts

- FUKUNICHI Heim is dormitory operated by BeGoodJapan Co., Ltd.
- Each contract term is 6 months. Please inquire with the management company after entering the dormitory about renewal and the length of the contract after renewal.
- During the contract period, you are not allowed to leave the dormitory.
- The room number will be confirmed one month before moving in.

□Fees / Payment at the time of leaving the dormitory

- This dormitory guide is for long-term students. If you are enrolling on a short-term plan, please see the separate sheet.
- Please pay the initial fee to the school. Please pay the renewal fee directly to the management company.
- Utilities and internet fees are included in the Common service fee.
- When leaving of FUKUNICHI Heim, if there are no problems with the room, the deposit will be refunded.
- Please note that if you intend to continue residing for more than six months, you will be required to pay an additional deposit.
*The additional deposit is the first month's rent minus the 30,000 yen already paid.
- Please note that when reserving the BeGoodJapan dormitory "Fukunichi Heim", there may be a maximum 3,000 Yen difference in fees (1 month's rent) depending on the availability of rooms.

□Cancellation / refund policy

- Regardless of the reason, the entry fee will not be refunded.

	Cancellation before entering dormitory	Cancellation after entering dormitory
Entry fee	No refunds	No refunds
Deposit	100% refundable	※see preceding paragraph
Cleaning fee Rent fees Common service fee Home contents insurance Cost of a futon Processing fee	100% refundable	No refunds